

# Arizona Dreams Gymnastics Academy

7175 E. 2<sup>nd</sup> Street Prescott Valley, AZ 86314 928-759-3435

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am	<u>Tumble Bears</u> 9:15-10:00		<u>Tumble Bears</u> 9:15-10:00		<u>Tumble Bears</u> 9:15-10:00	
10:00am	<u>Parent Tot</u> 10:00-10:45		<u>Tot Open Gym</u> 10:00-11:30 <i>Up to 5 years old</i> \$1.50 for members \$3 for non-members		<u>Tumble Bears 2</u> 10:00-11:00	<u>Open Gym</u> 10:00-11:30 4 & up \$5 for members & \$7 for non-Members
11:00am	<u>Tot Open Gym</u> 11:00-12:30 <i>Up to 5 years old</i> \$1.50 for members \$3 for non-members		<u>Parent Tot</u> 11:30-12:15		<u>Parent Tot</u> 11:00-11:45	2 Birthday Parties 11:45-1:45
12:30pm		<u>Homeschool Open Gym</u> 12:30-1:30pm \$2.50 for members 3.50 for non-members				
1:30pm		<u>Homeschool Class</u> 1:30-2:30				2 Birthday Parties 2:00-4:00
4:00pm	<u>Girls Hotshot 2</u> 4:00-5:00 (4-6yr) <u>Pre-Team</u> 4:00-6:30 <u>Devo</u> 4:00-6:00	<u>Girls Hotshot 3</u> 4:00-5:30 (4-7yr) <u>Ninja Park Fitness</u> 4:00-5:00	<u>Level 1 Boys</u> 4:00-5:00 <u>Level 2 Girls</u> 4:00-5:30 <u>Pre-Team</u> 4:00-6:30 <u>Devo</u> 4:00-6:00	<u>Girls Hotshot 1</u> 4:00-5:00 (3-5yr) <u>Level 1 Girls</u> 4:00-5:00 <u>Level 2 Girls</u> 4:00-5:30 <u>Girls Hotshot 2</u> 4:00-5:00 (4-6yr)	<u>Girls Hotshot 1</u> 4:00-5:00 (3-6yr) <u>Level 1 Boys</u> 4:00-5:00	2 Birthday Parties 4:15-6:15pm
4:30pm	<u>Level 2 Girls</u> 4:30-6:00 <u>Ninja Park Fitness</u> 4:30-5:30	<u>Girls Hotshot 1</u> 4:30-5:30 (3-5yr)	<u>Level 1 Girls</u> 4:30-5:30		<u>Level 2 Girls</u> 4:30-6:00	
5:00pm	<u>Level 1 Girls</u> 5:00-6:00	<u>Tumble Bears 2</u> 5:30-6:30 (3-5yr) <u>Little Ninja Park Fitness</u> 5:00-6:00	<u>Level 2 Boys</u> 5:00-6:30	<u>Girls Hotshot 2</u> 5:00-6:00 (4-6yr) <u>Level 1 Girls</u> 5:00-6:00 <u>Girls Hotshot 3</u> 5:00-6:30 (4-7yr)	<u>Little Ninja Park Fitness</u> 5:00-6:00 <u>Girls Hotshot 2</u> 5:00-6:00 (4-6yr)	
5:30pm	<u>Little Ninja Park Fitness</u> 5:30-6:30	<u>Girls Hotshot 2</u> 5:30-6:30 (4-6yr) <u>Level 2 Girls</u> 5:30-7:00	<u>Level 1 Girls</u> 5:30-6:30 <u>Level 2 Girls</u> 5:30-7:00	<u>Level 2 Girls</u> 5:30-7:00		
6:00pm	<u>Girls Hotshot 1</u> 6:00-7:00 (3-5yr) <u>Girls Level 1</u> 6:00-7:00			<u>Tumble Bears 2</u> 6:00-7:00 (3-5yr) <u>Level 1 Girls</u> 6:00-7:00	<u>Level 1 Girls</u> 6:00-7:00 <u>Ninja Park Fitness</u> 6:00-7:00 <u>Girls Hotshot 1</u> 6:00-7:00 (3-5yr)	
6:30pm	<u>Ninja Park Fitness</u> 6:30-7:30	<u>Ninja Park Fitness</u> 6:00-7:00	<u>Ninja Park Fitness</u> 6:30-7:30 <u>Level 1 Girls</u> 6:30-7:30	<u>Ninja Park Fitness</u> 6:30-7:30		<u>Parents Night Out</u> 6:30-9:30 \$15 (4 & up)
7:00pm					<u>Parents Night Out</u> 7:00-9:30 \$12 (4 & Up)	

**Arizona Dreams Gymnastics Academy**  
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**Team & Specialty Classes**

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am	<u>Preschool Experience Class</u> 9:00-12:00pm	<u>Preschool Experience Class</u> 9:00-12:00pm	<u>Preschool Experience Class</u> 9:00-12:00pm	<u>Preschool Experience Class</u> 9:00-12:00pm	<u>Preschool Experience Class</u> 9:00-12:00pm
11:00am		<u>Preschool Experience Class</u> 11:00-2:30pm		<u>Preschool Experience Class</u> 11:00-2:30pm	
2:30pm					<u>Optional 6/7/8/9/10</u> 2:30-7:30
3:30pm	<u>TOPS</u> 3:30-7:30 <u>Compulsory 4</u> 3:30-7:30 <u>Compulsory 5</u> 3:30-7:30 <u>Optional 6/7/8/9/10</u> 3:30-8:00	<u>TOPS</u> 3:30-8:00 <u>*Compulsory 2*</u> 3:30-7:30 (Add if 3 <sup>rd</sup> Day)* <u>Compulsory 3</u> 3:30-7:30 <u>*Compulsory 4*</u> 3:30-7:30 (Add if 4 <sup>th</sup> Day)* <u>*Compulsory 5*</u> 3:30-7:30 (Add if 4 <sup>th</sup> Day)* <u>Optional 6/7/8/9/10</u> 3:30-8:00	<u>Compulsory 2</u> 3:30-7:30 <u>Compulsory 4</u> 3:30-7:30 <u>Compulsory 5</u> 3:30-7:30 <u>Optional 6/7/8/9/10</u> 3:30-8:00 <u>Competitive Cheer up to 10yrs.</u> 4:30-6:00  <u>Competitive Cheer Ages 11 &amp; up</u> 6:00-8:00	<u>TOPS</u> 3:30-8:00 <u>Compulsory 3</u> 3:30-7:30 <u>Optional 6/7/8/9/10</u> 3:30-8:00 <u>Competitive Cheer Ages 11 &amp; up</u> 6:00-8:00 <u>Silk Worms 4:15-5:00</u>	<u>Compulsory 2</u> 3:30-7:30 <u>*Compulsory 3*</u> 3:30-7:30 (Add if 3 <sup>rd</sup> Day)* <u>Compulsory 4</u> 3:30-7:30 <u>Compulsory 5</u> 3:30-7:30
5:00pm				<u>Silks Beginner</u> 5:00-6:00	
6:30pm				<u>Silks Intermediate</u> 6:00-7:00	
7:00pm			<u>Tumbling</u> 7:00-8:00	<u>Adult Silks Beginner</u> 7:00-8:00	